



Clearfield Job Corps Center Health and Wellness, Mental Health Internship

To apply, please email your cover letter and resume to the email contact below.

Department: Health and Wellness

Contact Name: Gayleen Hamblin, LCSW Phone: 801-416-4385

Email: hamblin.gayleen@jobcorps.org

Position(s) targeted for internship assistance: **Center Mental Health Consultant**

The internship experience is expected to last 12 weeks, please pace the activities accordingly. Please summarize the intended internship activities/outcomes for each of the following tiers:

Assigned Mentor(s)/Supervisor: Gayleen Hamblin, CMHC

Tier 1 Introductory

1. Become Familiar with Job Corps Policy and Procedures.
1. Center Mental Health Consultant Orientation: Task and Frequency chart
2. Documentation Practices including HIPAA compliance.
3. Safety planning and reporting requirements.
4. Multidisciplinary team roles.

Summary of Expected Outcomes: Intern will have a working knowledge of CJCC policies and procedures, be able to document accurately and timely in the student health record, and understand roles and safety responsibilities.

Tier 2 Exploratory

1. Develop Professional Development Presentations for staff.
2. Develop Behavioral Modification Groups for students.
3. Increase knowledge-base of mental health disorders frequently diagnosed and treated within adolescents to young adults.
4. Observe individual therapy sessions.
5. Learn Crisis Intervention strategies.

Summary of Expected Outcomes: Intern will develop mental health programming for staff and students to increase mental health awareness and identify coping strategies. Intern will understand CJCC and licensing guidelines for crisis intervention.

Tier 3 Immersive

1. Teach/co-teach Professional Development Presentations for staff.
2. Teach/co-teach behavioral Modification Groups for students.
3. Utilize evidence-based practices.
4. Conduct applicant file reviews.
5. Develop and maintain appropriate provider/therapist boundaries.

Summary of Expected Outcomes: Intern will implement various treatment models (Cognitive behavioral therapy, solution focused and person-centered, etc.) to guide students with mental health diagnosis towards stability and employability.